October 2021 MENU

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				1-Oct WG pancakes Fruit, cold cereal, juice Yogurt Milk Chicken pot pie
homore				Fruit, baked beans, corn WG biscuit, milk
4-Oct Sausage & scrambled eggs Cold cereal, yogurt Fruit, juice, milk	5-Oct WG waffles Fruit, cold cereal, juice Yogurt Milk	6-Oct WG biscuits and gravy Fruit, cold cereal, juice Yogurt Milk	7-Oct WG Breakfast burritos Fruit, cold cereal, juice Yogurt Milk	8-Oct NO SCHOOL
Chicken teriyaki, WG rice Green beans, fruit Milk	Hamburgers, French fries Oranges, baked beans Milk	Chicken Broccoli alfredo Peaches, peas & carrots Milk	Sloppy Joe's Apples, fries Milk	
11-Oct WG French toast Fruit, cold cereal, juice Yogurt Milk	12-Oct Eggs & hash browns Fruit, cold cereal, juice Yogurt Milk	13-Oct WG Breakfast sandwich Fruit, cold cereal, juice Yogurt Milk	14-Oct WG Oatmeal Fruit, cold cereal, juice Yogurt Milk	15-Oct WG Muffin & eggs Fruit, cold cereal, juice Yogurt Milk
Baked chicken, scalloped potatoes Fruit, WG bread stick Milk	Chicken quesadilla Carrots, fruit, salad Milk	WG grilled cheese sandwich Fruit, corn, tomato soup Milk	FIELD TRIP K-8 WG PB&J sandwich Carrots, fruit Milk	WG spaghetti & meat sauce Fruit, peas Milk
18-Oct WG Breakfast sandwich Fruit, cold cereal, juice Yogurt Milk	19-Oct WG Pancakes Fruit, cold cereal, juice Yogurt Milk	20-Oct WG Bagel & Cream Cheese Fruit, cold cereal, juice Yogurt Milk	21-Oct WG Waffles Fruit, cold cereal, juice Yogurt milk	22-Oct WG bagel & cream cheese Fruit, cold cereal, juice Yogurt milk
Bacon cheese burger, fries Fruit, coleslaw Milk	Chicken enchiladas, black beans Fruit, corn Milk	Chicken strips, tator tots WG biscuit, fruit, green beans Milk	WG Macaroni & cheese Celery & peanut butter, fruit Milk	WG sub sandwich, fries Fruit Milk
25-Oct Fruit, cold cereal, juice Yogurt Milk	26-Oct WG French toast Fruit, cold cereal, juice Yogurt Milk	27-Oct WG Muffin & eggs Fruit, cold cereal, juice Yogurt Milk	28-Oct WG Pancakes Fruit, cold cereal, juice Yogurt Milk	29-Oct WG Toast Ham & egg scramble Fruit, cold cereal, juice Yogurt, milk
WG turkey sandwich Apples, celery & PB Milk	Orange chicken, WG rice Fruit, broccoli Milk	Soft WG tacos, refried beans Fruit, salad, corn Milk	Pizza rollups Peaches, carrots Milk	WG ham sandwich, baked beans, WG chips watermelon, Milk