January 2022

| First Day Back |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Bagel \& Cream Cheese Fruit, Cold Cereal, Juice Yogurt <br> Baked macaroni \& cheese Vegies, fruit, yogurt | Pancakes <br> Fruit, Cold Cereal, Juice Yogurt <br> Sub sandwich Fries, fruit | WG oatmeal <br> Fruit, Cold Cereal, Juice Yogurt <br> Cheese Quesadilla Fruit, Veggie | French toast <br> Fruit, cold cereal, juice Yogurt <br> Spaghetti w/meat sauce Fruit, vegies | Muffin \& eggs <br> Fruit, cold cereal, juice Yogurt <br> Orange chicken, WG rice Fruit, corn |
| French Toast <br> Fruit, Juice, Cold Cereal Yogurt <br> Chicken nuggets Fruit WG bread sticks, carrots | Scrambled eggs Fruit, Juice, Cold Cereal Yogurt <br> Cheeseburgers <br> Fruit, baked beans | WG Breakfast sandwich Fruit, cold cereal, juice Yogurt <br> Chicken pot pie corn, peas, beans, carrots Fruit | WG oatmeal Fruit, cold cereal, juice Yogurt <br> Noodle Casserole Fruit Peas | WG pancakes <br> Fruit, cold cereal, juice Yogurt <br> Soft WG burritos, refried beans Fruit, corn |
| M.L.K. Day <br> No School | Sausage \& scrambled eggs Fruit, Juice, Cold Cereal Yogurt <br> Chicken strips <br> Fruit, green beans W.G. chips | WG Breakfast burritos Fruit, cold cereal, juice Yogurt <br> Tater tot casserole Corn Fruit | WG oatmeal Fruit, cold cereal, juice Yogurt <br> Pulled pork sandwich Watermelon Baked beans | WG waffles <br> Fruit, cold cereal, juice Yogurt <br> Chicken Broccoli alfredo Apples Cole slaw |
| Waffles Fruit, cold cereal, juice Yogurt | Eggs \& hash browns Fruit, cold cereal, juice Yogurt <br> Teriyaki chicken, WG rice Fruit, carrots | Breakfast sandwich Fruit, cold cereal, juice Yogurt <br> Grilled cheese sandwich Fruit, soup Peas | WG oatmeal Fruit, cold cereal, juice Yogurt <br> Chicken sandwich, tator tots Fruit | WG bagel \& cream cheese Fruit, cold cereal, juice Yogurt PB\&J Fruit, fries Yogurt |
| Breakfast sandwich Fruit, cold cereal, juice Yogurt <br> Baked chicken, scalloped potatoes Fruit, WG bread stick |  |  |  |  |

Menu is subject to change due to availability of ingredients.
$1 \%$ and $0 \%$ milk served with each meal

