January 2022

First Day Back 3	4	5	6	7
Bagel & Cream Cheese Fruit, Cold Cereal, Juice Yogurt	Pancakes Fruit, Cold Cereal, Juice Yogurt	WG oatmeal Fruit, Cold Cereal, Juice Yogurt	French toast Fruit, cold cereal, juice Yogurt	Muffin & eggs Fruit, cold cereal, juice Yogurt
Baked macaroni & cheese Vegies, fruit, yogurt	Sub sandwich Fries, fruit	Cheese Quesadilla Fruit, Veggie	Spaghetti w/meat sauce Fruit, vegies	Orange chicken, WG rice Fruit, corn
10	11	12	13	14
French Toast Fruit, Juice, Cold Cereal Yogurt	Scrambled eggs Fruit, Juice, Cold Cereal Yogurt	WG Breakfast sandwich Fruit, cold cereal, juice Yogurt	WG oatmeal Fruit, cold cereal, juice Yogurt	WG pancakes Fruit, cold cereal, juice Yogurt
Chicken nuggets Fruit WG bread sticks, carrots	Cheeseburgers Fruit, baked beans	Chicken pot pie corn, peas, beans, carrots Fruit	Noodle Casserole Fruit Peas	Soft WG burritos, refried beans Fruit, corn
17	18	19	20	21
M.L.K. Day	Sausage & scrambled eggs Fruit, Juice, Cold Cereal Yogurt	WG Breakfast burritos Fruit, cold cereal, juice Yogurt	WG oatmeal Fruit, cold cereal, juice Yogurt	WG waffles Fruit, cold cereal, juice Yogurt
DREAM No School	Chicken strips Fruit, green beans W.G. chips	Tater tot casserole Corn Fruit	Pulled pork sandwich Watermelon Baked beans	Chicken Broccoli alfredo Apples Cole slaw
24	25	26	27	28
Waffles Fruit, cold cereal, juice Yogurt	Eggs & hash browns Fruit, cold cereal, juice Yogurt	Breakfast sandwich Fruit, cold cereal, juice Yogurt	WG oatmeal Fruit, cold cereal, juice Yogurt	WG bagel & cream cheese Fruit, cold cereal, juice Yogurt
Pizza rollups, tator tots Fruit, baked beans	Teriyaki chicken, WG rice Fruit, carrots	Grilled cheese sandwich Fruit, soup Peas	Chicken sandwich, tator tots Fruit	PB&J Fruit, fries Yogurt
Breakfast sandwich Fruit, cold cereal, juice Yogurt			more Crayonz	
Baked chicken, scalloped potatoes Fruit, WG bread stick This Institution is an equal opportun	hity provider			
This institution is an equal opportun	ncy provider.	1% and 0% milk served with each		

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Menu is subject to change due to availability of ingredients.

1% and 0% milk served with each meal